

Castor Oil Packs

Castor Oil packs are used for many different purposes. More so for healing than any other reason alone. Castor Oil has been used for many years in the aid of relieving numerous symptoms. It is primarily used for cleansing of the body. When we are given a bit of this oil to cleanse us, it has a healing effect. It will cleanse whatever area it is applied to. Proper cleansing allows cellular structures to function more normally and often to regenerate themselves.

Below is a list of some of the symptoms that Castor Oil can help alleviate:

- Increases eliminations
- Stimulates the liver
- Dissolves and removes lesions
- Relieves pain
- Releases colon impaction
- Stimulates gall bladder
- Reduces flatulence (bloating)
- Increases relaxation
- Reduces nausea

*Castor Oil packs will be offered at Main Street Spa on individual appointments or can be scheduled along with a Colon Hydrotherapy session.

Please call to schedule your appointment today @804-644-1084.